



WINTER 2008/2009 NEWSLETTER

WEB SITE

We encourage you to visit and use our website:

WWW.HPGKIDS.COM

It includes links to:

American Academy of Pediatrics

Centers for Disease Control

Hope Children's Hospital

Children's Hospital of Philadelphia (The #1 rated

Children's Hospital in the country)

Mayo Clinic

Kids Health

Sports physical and school physical forms can be downloaded.

You can request an appointment from the site.

You can complete a survey about your office experience.

AFTER HOURS CARE

Sometimes emergency room and urgent care visits are unavoidable. We ask you to please call our office before using these facilities. All sick children can be accommodated during our office hours. After hours, one of our physicians can discuss treatment options with you. Most of the time going to the urgent care and emergency room will be avoided and save you the trip!!!! We feel the best medical care for our patients is if they are consistently seen by the same group of physicians.

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IN THIS ISSUE:
WEBSITE
AFTER HOURS CARE
VACCINE SAFETY
WHEEZING





VACCINE SAFETY

Vaccines are one of the most successful medical advances of all time.

They protect against **PREVENTABLE** and potentially **DEADLY** illnesses.

These diseases still exist today and have dangerous consequences. Some of these include seizures, brain damage and blindness.

In order to for vaccines to protect everyone it is estimated that 85% to 95% of the population must be immunized.

The Centers for Disease Control updates vaccine recommendations every year and sometimes every six months. This is the vaccination schedule we follow for the office visits.

The American Academy of Pediatrics and the Center for Disease Control both agree that vaccines are safe and **DO NOT CAUSE AUTISM!!!!!!!**

The most important thing we do in the office is vaccinate children.

WHEEZING

Wheezing is caused by the airway tubes in the lungs becoming narrow. They become narrow due to swelling, inflammation, and irritation.

It is a musical and squeaking sound when we listen to your child's lungs.

It does **NOT** mean the child has asthma. There are many other causes. Some of these are: viral infections, allergies and second hand smoke exposure. Children with wheezing that recurs several times are more likely to have asthma.

The treatment involves several different medicines that can be used to relieve the narrowing and inflammation in the breathing tubes. Some of these medicines work quickly and some are preventative. We will discuss which medicines are best for your child.

